



Republic of Zambia
Ministry of Education

LITILICHA MU LUVALE
MUKANDA WANANGWILO
FWOMU 1 – THEMU 1



Developed by the Curriculum Development Centre

Lusaka

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Mukanda uno kavawitavishile kuzachisa mujila yekha chakuzeneka lushimbi lwakufuma kuli venyawoko. Lusesa lwakuzachisa mukanda uno kuvanga lufume ku Curriculum Development Centre.

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KULUMBUNUNA

Kwiza chakulinangula chachihya, echi chinalumuna vilongeselo vyakutanga chakalikilamu inemanyina hauhashi wakunangakana vyuma (competence based curriculum) chinanehe kwalumuka mukulinangula vyuma kuhichila mukuvinga kaha nachilingisa valongi kukwata chinyingi chamumyaka ino mukuzamikisa kupwa nachinyingi chakuzata milimo yakumavoko.

Uno mukanda wavilongeselo vyamwakunangwila vakashikola vamuuthumbo vanausoneka mujila yauhashi wakunangakana vyuma vyanangwilo najishimbi jakumona nge kulinangula chinalitoto nakayoyelo kavathu. Mauhashi akunangakana vyuma vanahake mukalikilamu ya 2023 osena analitasana navyuma vyanangwilo vanasoneka mumukanda uno

Mukanada unounemanyina hakukafwa milongeshi vanakunangula seteko yavalongi vashikola yamuuthumbo kuputuka kunangula vilongeselo vyakalikulumu inemanyina hakunangula valongi vyuma vatela kulinga (competence based curriculum) halwola kunahono mikanda vanetavila kuzachisa mumashikola. Echi chili nakusolola kufwila chamuthango wafulumende watala vyamashilo kumona ngana ngwavo milimo yamulongeshi vanayashiwisa. Hakulinga ngocho, milongeshi vatela kuzachisa chinyingi valinacho chakutanga nakuwana vyuma vikwavo navivakafwako mukunangula valongi mumaukalu vanahase kuwana mukunangula vilongeselo evi .

Ngunachifwelela ngwami milongeshi navazachisa mukanda ou mujila yakwoloka.

Joel Kamoko (Mr.)

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MINISTRY OF EDUCATION

KUSAKWILILA

Mukanda uno wavilongeselo vyakutanga mu Luvale vyakunangula valongi mu form 1 vaulongesele kuhichila mukuhulyojola vathu vavavulu nakuhomesa vathu hamwe. Vathu vavavulu hamwe kaha nanauka avathu akulisezaseza vavahulishile nakuvahana nawa lisesa lyakuhana vishinganyeka vyavo havyuma vayatela kusonekewa mumukanda uno. Shikaho ngunahane kusakwilila chami kuli vathu vose, namauka akulisezaseza ahanyine chinyingi chavovo hamwe kaha lukafwa chamali chinahashisa kusoneka naukufwatula mukanda uno wavinangwilo. Ava vanapu milongeshi, vakhuluwa vahajizemba, mauka akulihandununa hamwe kaha navambwembwa.

Mukukumisa, ngunasakwilila kulihana chavakakuza vakuchihanda chatala vilongeselo vyakutanga mumashikola cha Directorate of Curriculum Development hakuzata nakumona ngana ngwavo mulimo wacosoneka mukanda wakunangula vakashikola unazachiwa mujila yamwenemwene

Charles Ndakala, (Dr.)
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MINISTRY OF EDUCATION

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KUJIMBULA

Mukanda uno wavilongeselo vyakunangula va fwomu 1 vanausoneka mangana ukafweko milongeshi mukunangula valongi vinangwilo vya Luvale. Mukalikilamu vanalumuna. Uno mukanda wavinangwilo vanausoneka managana uzachiwe mukwashiwisa kunangula valongi vatete navaputuka kulinangula vilongeselo vya 2023 kalikilamu shimbu kanda kupwenga kulongesa nakusonejeka mikanda ivene vatela kuzachisa mukutanga nakutangisa. Mukutwalililaho, uno mukada uli nakusolola kufwila nakulihana chafulumende kuhichila kumuthango watala vyamashikola mukuputuka kunangula vyakwalumuka chakutanga kalikilamu ya 2023 nawa inamono ngana ngwayo vyuma vanasoneka mumukanda uno vinatemo mukunangula valongi vyuma navalinangula nakuzata namavoko avo kweseka naseteko yakunangakana chalwola tunahetemo.

Numba tuhu uno mukanda vanakupwisa nakuzamikisa vyuma vyakunangula valongi, milongeshi vatela kuzachisa chinyingi nauhashi wakutanga chavo nakumona ngana ngwavo vali nakuhakilako vyuma vikwaavo vinahase kuzamikisa kutanga chavalongi chikumanyi haze vanamono ngana ngwavo hali liphwata. Kuhakilako nawa, milongeshi vanahase kwalumuna milimo chipwe vyuma navalinga valongi vili mumukanda uno kweseka nakupwa chashikola nashikola vali nakutangilamo valongi.

Vilongeselo vyosena vili mumukanda uno vanajinyina mukumona ngana ngwavo valongi vali nakulinangula vyuma navalinga namavoko avo anakuzamikisa nawa kujiminyina muvishinganyeka kaha nawa nakumona ngana nge khala chihela chipwe shikola valiho valongi vanahase kulinangula mujila yamwenemwene. Echi kuvwovuwa khana chinemanyinana hakuhana uswa wakutanga nakunganyala chakaliilamu yakukupuka kuli khala longi cjakuzeneka kutala okwo afuma chipwe omu apwa.

Hilufwelelo lwakumona nge mukanda ou navinangwilo vilimo vavimone kulema kupwa vya navikafwa milongeshi kunangula valongi chinyingi, uhashi nalilimi lyaLuvale navilinga vyamwenemwene mukulinangula chakukupuka.

MWAKUZACHISHILA MUKANDA

Mukanda ou unahane vyuma vize navatangisa mutemu yatete mu fwomu 1. Vanaupange mumitwe yavihande kaha mutwe wachihande uli navyuma vyakulihandununa vyakufwana nge kuhanjika na kwivwilila, kutanga chakujimina na kusoneka. Vyuma vili omu mumukanda kavyeshi vilongeseloko oloze vyakuzachisa kusoneka vilongeselo. Hakuwahisa vilongeselo watela kufumisa vihanda vya mutwe wachihande kuvyuma vyakulisezaseza. Chinjikizo, mutwe wachihande watela kupwa kuhanjika na kwivwilila, mazu, kutanga na kusoneka. Omu nauwahisa mutwe wachihande watela

kusakula vyuma vyakunangula namilimo oyo vatela kuzata nauhashi wakunangakana. Shikaho mutwe wachihande naupwa nauhashi wakunangakana vyuma vyavivulu. Ngocho, watela kusakula chuma echi nachimbata lwola lwalunene muchihande chove. Kuhakilako nawa, milimo vanakuhane mumukandavene ou kawatela kuyikumisa muchihande chimweko. Evi vanahase kuvikilikita muvilongeselo vyakulihandununa handununa.

MWAKUNANGWILA

Hakunangula, mutwe wachihande watela kukava ngiza jijila jakutangidhilamo (jimisoni). Echi nachikukafwa kutangisa chinangwilo hichinangwilo vanale.

LUVALE.	ENGLISH
CHAULO	ESSAY
CHIHEMO	DRAMA
CHIKHUKU	BACKGROUND
CHILANDU	ADVERT
CHITALILO	EXAMPLES
ESEKELO	EXERCISE
HANJIKISO YAKUJIMINA -	FIGURATIVE LANGUAGE
HUNANANA -	ANALYSE
KASANGUMWISO-	HOOK
KUHUNANANA MUCHIHANDE –	CRITICAL THINKING
KUJIMBULA-	INTRODUCTION
KUKHUKULULA -	CONCLUSION
KUSAMBISA. -	JUSTIFY
KUSEKASANA- ENTREPRENEURSHIP	
KUSONDWESA -	SURVEY
KUSHINGANYEKA CHAKUPEZALISA VIHANDE-	ANALYTICAL THINKING
KUZACHISA VITIMBO MUJILA YAKUHENGA -	DRUG ABUSE
KWALUMUKA CHAJINGONDE-	CLIMATE CHANGE
KWAULA -	OVERVIEW
KWEULULA MULONGESHI-	LEARNING TIPS OR FACTS
LIJIKAKANWA –	CORRUPTION
LITILICHA	LITERATURE
LITILICHA YAKUHANJIKI -	ORAL LITERATURE
LITILICHA YAKUSONEKA -	WRITTEN LITERATURE
MIJIMBU -	NARRATIVES OR STORIES
MIJIMBU VAFWELELA VATHU -	MYTHS

MIKUNYI -	POEM
MUKANDA WAMUJIMBU -	NOVEL
MULIMO -	LEARNING ACTIVITY
PANJIKAR	ELATE
SETEKO YAKUNANGAKANA-	EXPECTED STANDARD
TANJIKI -	LIST
TOMBOLA-	IDENTIFY
TONGOLA -	MENTION
TUKASALIMI. -	TONGUE TWISTERS
TUSHIMUTWIJI -	RIDDLES
TUTHACHIKIJILO -	CHARACTERISTICS
UHASHI WAKUNANGAKANA CHUMA -	SPECIFIC COMPETENCE
UHASHI WAKUNANGAKANA VYUMA -	GENERAL COMPETENCE
UTONGWE -	ART
VAJIMU -	ANCESTORAL SPIRITS
VAKULU -	ANCESTORS
VIHANDE VILI NAKUSEFUKA -	CROSS- CUTTING ISSUES
VISHIMO -	FOLKTALE
VISHIMOLOMGA-	PROVERBS

CHIHANDE: KUJIMBULA LITILICHA

KWAULA: Kapetulu uno, mwatala hakulumbunuka chalizu Litolicha mujijila jakulihandununa, kuhunanana lizu lya Litolicha mumikuku yakulihandununa nakutunga lumbunwiso ya Litolicha.

UHASHI WAKUNANGAKANA VYUMA:

Valongi navapwa nauhashi wakushinganyeka mwakukunama nakuzachila hamwe.

KASANGUMWISO:

1. Watangaho, wamonaho, tahinyi wevwaho lyehi mujimbu wakwivwishile kuwaha chipwe kupihya?
2. Kweseka nomu watangile, wamwene chipwe wevwile, chinyingi muka wawanyinemo?

MAZU AMAHYA

- Litolicha
- Kuhunanana
- kusambisa

MUTWE WACHIHANDE 1: KULUMBUNUNA LIZU LYA LITILICHA

KUJIMBULA: Chihande chino, valongi navatanjika lumbunwiso yalizu Litolicha mujijila jakulihandununa. Kaha nawa, navalumbununa jilumbunwiso ja Litolicha. Chamakumishilo, navalumbununa Litolicha.

UHASHI WAKUNANGAKANA CHUMA:

Valongi navalumbununa lizu lya Litolicha.

KULUMBUNUNA LIZU LYA LITILICHA

VYAKULINGA 1: Kutanjika jilumbunwiso ja Litolicha jakuliseza-seza.

Mulongeshi:

- Alweze valongi vawane chihandwa chili halumbunwiso ya Litolicha mumalimi akuliseza-seza.
- Mijimbu yamumikanda
- Mijimbu yakutanjisa chinyingi

Valongi:

- vawane chihandwa chili halumbunwiso ya Litolicha mumalimi akuliseza-seza
- vatanjike jilumbunwiso ja Litolicha jakuliseza-seza.

KWEULULA MULONGESHI:

KULUMBUNUNA LIZU LITILICHA

Lizu Litilicha lyalumbunuka mujijila jajivulu. Jijila jimwe eji:

1. Litilicha inapu uhashi wakuzachisa lilimi nakusolola katwamino kavathu.
2. Litilicha chapwa chitalilo chakatwamino kavathu muchitungilo.
3. Litilicha anapu mazu awa akusoneka kanawa mangana asangumune vishinganyeka vyamuthu nakuzamisa kunangakana.
4. Litilicha vinapu vishinganyeka vyakutaka kuzachisa lilimi mangana isosolole nakuhilula vyuma vyechi kusolokanga mukatwamino kavathu.
5. Litilicha inapu mijimbu yayihi, mikunyi navihemo chikumanyi vize vili naulemu kechi kutalisa kuviseke kahako.
6. Litilicha unapu mulimo wavisonejeka nautala havyuma vyakutaka muvishinganyeka vyamukakusoneka navyuma vyakuhona kutaka navihana ulemu hachisemwa chavathu.

SETEKO YAKUNANGAKANA: Kutanjika jilumbunwiso ja Litilicha mukutesama.

VYAKULINGA 2: KULUMBUNUNA JILUMBUNWISO JA LITILICHA.

Mulongeshi:

- Alweze valongi vatanjike jilumbunwiso ja Litilicha jakuliseza-seza.
- Alweze valongi valumbunune jilumbunwiso ja Litilicha jakuliseza-seza.

Valongi:

- Valongi vatanjike jilumbunwiso ja Litilicha jakuliseza-seza.
- Valongi valumbunune jilumbunwiso ja Litilicha jakuliseza-seza.

KWEULULA MULONGESHI:

KULUMBUNUNA JILUMBUNWISO JA LITILICHA.

CHITALILO: Litilicha chapwa chitalilo chakatwamino kavathu muchitungilo.

KULUMBUNUNA: Yeji kusolola ulemu, lufwelelo, vilinga na navyuma vinasoloka halwola vavisonেকে.

Valongi valumbunune jilumbunwiso ja Litilicha jili mwishi.

- ✓ Litilicha inapu uhashi wakuzachisa lilimi nakusolola katwamino kavathu.

- ✓ Liliticha anapu mazu awa akusoneka kanawa mangana asangumune vishinganyeka vyamuthu nakuzamisa kunangakana.
- ✓ Liliticha vinapu vishinganyeka vyakutaka kuzachisa lilimi mangana isosolole nakuhilula vyuma vyechi kusolokanga mukatwamino kavathu.
- ✓ Liliticha inapu mijimbu yayihi, mikunyi navihemo chikumanyi vize vili naulemu kechi kutalisa kuviseke kahako.
- ✓ Liliticha unapu mulimo wavisonejeka nautala havyuma vyakutaka muvishinganyeka vyamukakusoneka navyuma vyakuhona kutaka navihana ulemu hachisemwa chavathu.

SETEKO YAKUNANGAKANA: Kulumbununa jilumbunwiso ja liliticha mwakutamo.

VYAKULINGA 3: KULUMBUNUNA LITILICHA

Mulongeshi:

- Alweze valongi vatanjike jilumbunwiso ja Liliticha jakuliseza-seza.
- Alweze valongi vashimutwile nakusakula lumbunwiso nayivakafwa kweseka nakatwamino kamungalila yavo.

Valongi:

- Vatanjike jilumbunwiso ja Liliticha jakuliseza-seza.
- Valongi vashimutwile nakusakula lumbunwiso nayivakafwa kweseka nakatwamino kamungalila yavo.

KWEULULA MULONGESHI:

KULUMBUNUNA LITILICHA

Liliticha inapu milimo yakufwatula kufuma kuli mukakusoneka chipwe mukakuhanjika. Ou mulimo khana wahase kupwa wakuhanjika chipwe wakusoneka, kaha nawa weji kutalanga havyuma vili nakusoloka mujingalila.

Liticha ikwechi lumbunwiso jajivulu eji munahase kuhakilaho.

SETEKO YAKUNANGAKANA: Kulumbununa lizu lya Liliticha mukwoloka.

VINOMA

- Mikanda yakulihandununa
- Mivwimbimbi yakutenga
- Visaji vyamivwimbimbi
- Shinga
- Itaneti

ESEKELO:

1. Valongi vasoneke jilumbunwiso jalizu Liliticha mumikanda yavo.
2. Valongi vayenga mukatunda kamikanda chipwe kuzachisa makina amyaka ino mangana vawane jilumbunwiso ja Liliticha jakuliseza-seza mulilimi lya Ingilishi nakujalumuna mu Luvale.

KUKHUKULULA:

Chihande echi, valongi vanatanjika lumbunwiso yalizu Litolicha mujjila jakulihandununa. Kaha nawa, vanalumbununa jilumbunwiso ja Litolicha. Chamakumishilo, vanalumbununa Litolicha.

KUJIMBULA: Muchilongeselo chino, muli kaupezalisa nakuhunanana jilumbunwiso jalizu Litolicha.

UHASHI WAKUNANGAKANA CHUMA:

Valongi vatela kupezalisa nakuhunanana jilumbunwiso jalizu Litolicha.

VYAKULINGA 1: KUSANDULULA JILUMBUNWISO JA LITILICHA JAKULISEZA-SEZA

Mulongeshi:

- Ambate chati yajilumbunwiso ja Litolicha nakulamika halivavaya.
- Alweze valongi vashimutwile nakusandulula jilumbunwiso ja Litolicha jakuliseza-seza.

Valongi:

- Vatale hachati ili najilumbunwiso ja Litolicha vanalamika halivavaya.
- Valongi vashimutwile nakusandulula jilumbunwiso ja Litolicha jakuliseza-seza.

KWEULULA MULONGESHI

KUSANDULULA JILUMBUNWISO JA LITILICHA JAKULISEZA-SEZA

1. Litolicha inapu uhashi wakuzachisa lilimi nakusolola katwamino kavathu.
2. Litolicha chapwa chitalilo chakatwamino kavathu muchitungilo.
3. Litolicha anapu mazu awa akusoneka kanawa mangana asangumune vishinganyeka vyamuthu nakuzamisa kunangakana.
4. Litolicha vinapu vishinganyeka vyakutaka kuzachisa lilimi mangana isosolole nakuhilula vyuma vyechi kusolokanga mukatwamino kavathu.
5. Litolicha inapu mijimbu yayihi, mikunyi navihemo chikumanyi vize vili naulemu kechi kutalisa kuviseke kahako.
6. Litolicha unapu mulimo wavisonejeka nautala havyuma vyakutaka muvishinganyeka vyamukakusoneka navyuma vyakuhona kutaka navihana ulemu hachisemwa chavathu.

SETEKO YAKUNANGAKANA: Kusandulula jilumbunwiso ja Litolicha jakuliseza-seza mukwoloka.

VYAKULINGA 2: KULIFWANA NACHIHANDWA CHAJILUMBUNWISO JA LITILICHA JAKULISEZA-SEZA

Mulongeshi:

- Kuzachisa chati ili najilumbunwiso ja Litolicha, mulongeshi ahule valongi vashimutwile nakupezalisa chihandwa chili hajilumbunwiso ja Litolicha.

Valongi:

- Kuzachisa chati ili najilumbunwiso ja Liliticha, valongi vashimutwile nakuwana kulifwana nachihandwa chili hajilumbunwiso ja Liliticha.

KWEULULA MULONGESHI

Kuwana kulifwana nachihandwa chili hajilumbunwiso ja Liliticha.

SETEKO YAKUNANGAKANA: Kushimutwila nakuwana kulifwana nachihandwa chili hajilumbunwiso ja Liliticha mukutamo.

VYAKULINGA 3: KUSAMBISA JILUMBUNWISO JA LITILICHA JAKULISEZA-SEZA

Mulongeshi:

- Kuzachisa chati ili najilumbunwiso ja Liliticha, mulongeshi alweze valongi vashindakanye mangana kusongo vasambise jilumbunwiso ja Liliticha.

Valongi:

- Kuzachisa chati ili najilumbunwiso ja Liliticha, valongi vashindakanye nakuhunanana kusongo vasambise jilumbunwiso ja Liliticha.

KWEULULA MULONGESHI

KUSAMBISA JILUMBUNWISO JA LITILICHA JAKULISEZA-SEZA

Chitalilo: Liliticha inapu uhashi wakuzachisa lilimi nakusolola katwamino kavathu.

Kuhakwila nakusambisa:

Lumbunwiso ili helu inayi mukwamba ngwavo tunahase kuzachisa lilimi nakuwanyimo nganyo. Kwimba myaso chinahase kuneha nganyo. Kechi kwimba myaso kahako oloze nalwela nawa lunahase kutokwesa muthu apwenga mbombo.

Echi tunalumbununa helu chikhiko kuhakwila nakusambisa lumbunwiso ya Liliticha.

SETEKO YAKUNANGAKANA: Kusambisa jilumbunwiso ja Liliticha mujila yakutamo.

VINOMA:

- Chati
- Mikanda
- Shinga
- Itaneti
- Kopyuta

MULIMO:

1. Valongi vahunanane jilumbunwiso ja Litalicha kweseka nachinyingi vanalinangula nakujisoneka mumikanda yavo.

KUKHUKULULA:

Muchilongeselo echi, valongi vanashindakanya, vanawane kulifwana nachihandwa cha lizu Litalicha. Kuhakilaho nawa vanasambisa jilumbunwiso jalizu Litalicha.

MUTWE WACHIHANDE 3: KUTUNGA JILUMBUNWISO JA LITILICHA

KUJIMBULA: Muchilongeselo chino, muli kutunga jilumbunwiso jalizu Litolicha.

UHASHI WAKUNANGAKANA CHUMA: Valongi vatela kutunga jilumbunwiso javo ja Litolicha.

VYAKULINGA 1: Kutunga jilumbunwiso ja Litolicha kweseka nachinyingi chavo.

Mulongeshi:

- Ambate chisaji chamivwimbimbi nakutalisa valongi chihemo. Chipwe,
- Ambate mukanda nakulweza longi umwe atange mujimbu. Chipwe
- Alweze longi ahanjike vihande vyalyepe vyakusehesa vakwavo.
- Alweze valongi vatunge lumbunwiso javo ja Litolicha kweseka navyuma vanamono nakwivwa.

Valongi:

- Vatale chihemo hachisaji chamivwimbimbi. Chipwe,
- Vambate mukanda nakutangila vakwavo valongi mujimbu. Chipwe
- Valongi vahanjike vihande vyalyepe vyakusehesa vakwavo.
- Valongi vatunge lumbunwiso javo ja Litolicha kweseka navyuma vanamono nakwivwa.

KWEULULA MULONGESHI

Valongi vatunge jilumbunwiso javo

SETEKO YAKUNANGAKANA: Kutunga jilumbunwiso ja Litolicha kweseka nachinyingi chavo nakutesamo.

VYAKULINGA 2: Kusambisa jilumbunwiso javo ja Litolicha.

Mulongeshi:

- Alweze longi hilongi kuhakwila lumbunwiso yenyi natungu ya Litolicha.

Valongi:

- Vahakwile lumbunwiso javo vanatungu ja Litolicha.

KWEULULA MULONGESHI

Chitalilo: Litolicha inapu uhashi wakuzachisa lilimi nakusolola katwamino kavathu.

Kuhakwila nakusambisa:

Lumbunwiso ili helu inayi mukwamba ngwavo kuzachisa tunahase lilimi nakuwanyimo nganyo. Kwimba myaso chinahase kuneha nganyo. Kechi kwimba myaso kahako oloze nalwela nawa lunahase kutokwesa muthu apwenga mbombo.
Echi tunalumbununa helu chikhiko kuhakwila nakusambisa lumbunwiso ya Litolicha.

SETEKO YAKUNANGAKANA: Kusambisa jilumbunwiso javo ja Litolicha mukwoloka.

VINOMA:

- Chisaji vyamivwimbimbi
- Mapepa amijimbu
- Chisaji
- Shinga

ESEKELO:

1. Valongi vatunge jilumbunwiso ja Litolicha javo nakujihakwila.

KUKHUKULULA:

Muchilongeselo echi, valongi vanatungu nakusambisa jilumbunwiso javo ja Litolicha.

CHIHANDE: MIYACHI YA LITILICHA

KWAULA:

Chilongeselo chino nachilumbununa Litilicha yakuhanjika na Litilicha yakusoneka. Kechi ngocho kahako, oloze nachitala nawa haulemu waulemu wa Litilicha yakuhanjika na Litilicha yakusoneka.

UHASHI WAKUNANGAKANA VYUMA:

Valongi vatela kushinganyeka nakuthachikiza Miyachi ya Litilicha mu Luvale.

KASANGUMWISO:

- Mulongeshi alweze longi umwe ambulule mujimbu evwile kufuma kuli vakulwane. Longi mukwavo nawa atange mujimbu uli mukhala mukanda.

MAZU AMAHYA:

- **Litilicha yakusoneka**
- **Litilicha yakuhanjika**
- **Mikunyi**
- **Tushimutwiji**
- **Hanjikiso yakujimina**

MUTWE CHIHANDE: LITILICHA YAKUHANJIKA

KUJIMBULA:

Muchilongeselo chino, valongi navalumbununa, navatombola, navahandununa nakutanjika vyuma vyatwama mu Litolicha yakuhanjika. Chamakumishilo, valongi navambulula cheka tuthachikijilo twa Litolicha yakuhanjika mu Luvale.

UHASHI WAKUNANGAKANA CHUMA: Valongi vatela kushimutwila Litolicha yakuhanjika.

VYAKULINGA 1: KULUMBUNUNA LITILICHA YAKUHANJIKA

Mulongeshi:

- Alweze longi umwe atengako chishimo athachikiza.
- Ahulise valongi vyuma vanalinangula muchishimo nate longi mukwavo.
- Ahulise valongi valumb kulema chakwambulula vihande vathachikiza.
- Ahulise valongi mangana vatongole muyachi wa Litolicha.
- Ahulise valongi valumbunune Litolicha yakuhanjika.

Valongi:

- Longi umwe atengako chishimo athachikiza.
- Valongi valumbunune vyuma vanalinangula muchishimo nate mukwavo longi.
- Valongi valumbunune kulema chakwambulula vihande vathachikiza.
- Valongi vatongole muyachi wa Litolicha.
- Valongi valumbunune Litolicha yakuhanjika.

KWEULULA MULONGESHI

KULUMBUNUNA LITILICHA YAKUHANJIKA

Litolicha yakuhanjika mu luvale himuyachi umwe wakutanjishilamo chinyingi chakwambulula nakanwa.

Litilicha yakuhanjika inapu jila yachisemwa yakwambulwilamo mijimbu, mikunyi najjila jikwavo jakuhichila mukuhanjika kufuma muchisemunwino chimwe nakuya kuchisemunwino chikwavo.

Litilicha yakuhanjika inapu mijimbu yakutaka muvishinganyeka vyavathu kuhichilila mukuhanjika.

SETEKO YAKUNANGAKANA: Kulumbununa Litilicha yakuhanjika mujila yakwoloka

VYAKULINGA 2: KUTOMBOLA MIYACHI YALITILICHA YAKUHANJIKA

Mulongeshi:

- Alamike chati ili namiyachi ya Litilicha yakuhanjika na Litilicha yakusoneka.
- Mulongeshi alweze valongi vahunannane hachati nakutombolaho miyachi Litilicha yakuhanjika.

Valongi:

- **Valongi vahunannane hachati nakutombola miyachi ya Litilicha yakuhanjika.**

KWEULULA MULONGESHI

KUTOMBOLA LITILICHA YAKUHANJIKA

- Myaso
- Mikunyi yamyaso
- Mijimbu
- Mujimbu/Jimbu
- Vishimo
- Tushimutwiji
- Tukasalimi

SETEKO YAKUNANGAKANA: Kutombola miyachi ya Litilicha yakuhanjika mwakwoloka.

VYAKULINGA 3: KUHANDUNUNA MIYACHI YA LITILICHA YAKUHANJIKA

Mulongeshi:

- Alamike chati ili namiyachi ya Liliticha yakuhanjika.
- Alweze valongi mangana vahandunune miyachi ya Liliticha yakuhanjika.

Valongi:

- Vahunanane hachati ili namiyachi ya Liliticha yakuhanjika.
- Vahandunune miyachi ya Liliticha yakuhanjika.

Kweulula mulongeshi

MIYACHI YA LITILICHA YAKUHANJIKA

- ✓ Mijimbu - eyi inapu mijimbu yakulihandununa yakufwana nge mijimbu yatunyama, mijimbu yakusolola vyuma vyasolokele kushikulu.
- ✓ Mikunyi- eyi yapwa hanjikiso yakuhanjika nge mwaso. Inapu nawa jila yimwe yakuthotojola nakwalisa muthu chipwe vyuma.
- ✓ Vishimulonga natushimutwiji- Vishimulonga hanjikiso yakuzachisa hakuhakula vihande.
- ✓ Tushimutwiji -yapwa hanjikiso yamangana akusweka ali muli muthu umwe mangana mukwevo awasolole.

Seteko yakunangakana: Kuhandununa Miyachi ya Liliticha yakuhanjika mwakwoloka.

Vyakulinga4: Kutanjika tuthachikijilo twa Liliticha yakuhanjika

Mulongeshi:

- Ahule valongi vashimutwile nakutanjika tuthachikijilo twa Liliticha yakuhanjika.

Valongi:

- Vashimutwile nakutanjika tuthachikijilo twa Liliticha yakuhanjika.

Kweulula Mulongeshi

Tuthachikijilo twa Liliticha yakuhanjika

- ✓ Mijimbu yakuhanjika nakanwa.
- ✓ Yatondewa muthu ambulule kaha vekha nawa vevwilile nakukavangiza.
- ✓ Kulihandununa mukwambulula.
- ✓ Kuyitavila nakuyilemesa vathu vavene.

- ✓ Vihande vyacho kavyanawako.

Seteko yakunangakana: Kutanjika tuthachikijilo twa Liliticha yakuhanjika mwakwoloka.

Vyakulinga 5: KULUMBUNUNA LITILICHA YAKUHANJIKA

Mulongeshi:

- Atetekele valongi mukushimutwila kulumbunuka cha Liliticha yakuhanjika.

Valongi:

- Vashimutwile nakulumbununa Liliticha yakuhanjika.

KWEULULA MULONGESHI

KULUMBUNUNA LITILICHA YAKUHANJIKA

Liliticha yakuhanjika mu luvale himuyachi umwe wakutanjishilamo chinyingi chakwambulula nakanwa. Liliticha yakuyanika inapu jila yachisemwa yakwambulwilamo mijimbu, mikunyi najijila jikwavo jakuhichila mukuhanjika kufuma muchisemunwino chimwe nakuya kuchisemunwino chikwavo. Liliticha yakuhanjika inapu mijimbu yakutaka muvishinganyeka vyavathu kuhichilila mukuhanjika. Liliticha yakuhanjika yatwama natuthachikijilo etu tunasoneka kwishi:

- ✓ Mijimbu yakuhanjika nakanwa.
- ✓ Yatondewa muthu ambulule kaha vekha nawa vevwilile nakukavangiza.
- ✓ Kulihandununa mukwambulula.
- ✓ Kuyitavila nakuyilemesa vathu vavene.
- ✓ Vihande vyacho kavyanawako.

SETEKO YAKUNANGAKANA: Kulumbununa Liliticha yakuhanjika mwakwoloka.

VINOMA:

- Chati
- Mikanda yakulihandununa
- Mapepa amijimbu
- Mivwimbimbi yakutenga

ESEKELO:

1. Tunga jilumbunwiso jikwavo ja Litalicha yakuhanjika.
2. Soneka Miyachi ya Litalicha yakuhanjika nakuyilumbununa.
3. Fwefwenya tuthachijilo tukwavo twa Litalicha yakuhanjika.

KUKHUKULULA:

Muchilongeselo chino, valongi vanalumbununa, vanatombola, vanahandununa nakutanjika vyuma vyatwama mu Litalicha yakuhanjika. Kumakumishilo, valongi vanambulula cheka tuthachikijilo twa Litalicha yakuhanjika.

MUTWE WACHIHANDE 2: LITILICHA YAKUSONEKA

Kujimbula:

Muchilongeselo chino, valongi navalumbununa, navatombola, navahandununa nakutanjika vyuma vyatwama mu Litolicha yakusoneka. Chamakumishilo, valongi navambulula cheka tuthachikijilo twa Litolicha yakusoneka.

UHASHI WAKUNANGAKANA CHUMA: Valongi vatela kushimutwila Litolicha yakusoneka.

VYAKULINGA 1: KULUMBUNUNA LITILICHA YAKUSONEKA

Mulongeshi:

- Ahulise longi umwe atangeko mujimbu uli mumukanda.
- Ahulise valongi vyuma vanalinangula mumujimbu natange mukwavo longi.
- Ahulise valongi valumbunune kulema chakutanga vihande mumikanda.
- Ahulise valongi mangana vatongole muyachi wa Litolicha.
- Ahulise valongi valumbunune Litolicha yakusoneka.

Valongi:

- Vatangeko mujimbu uli mumukanda.
- Valumbunune vyuma vanalinangula mumujimbu natange mukwavo longi.
- Valumbunune kulema chakutanga vihande mumikanda.
- Vatongole muyachi wa Litolicha.
- Valumbunune Litolicha yakusoneka.

KWEULULA MULONGESHI

KULUMBUNUNA LITILICHA YAKUSONEKA

Litolicha yakusoneka himuyachi umwe wakutanjishilamo chinyingi chakwambulula mukusoneka.

Litolicha yakusoneka vinapu vihande vyakusoneka mumikanda eyi inahase kupwa yakutaka chipwe yamuchano.

Litolicha yakusoneka hijila imwe yakutanjishilmo chinyingi kuhichila muvyuma vanasoneka nakuvilamina mumikanda.

SETEKO YAKUNANGAKANA: Kulumbununa Liliticha yakusoneka mukwoloka.

VYAKULINGA 2: KUTOMBOLA MIYACHI YA LITILICHA YAKUSONEKA

Mulongeshi:

- Alamike chati ili namiyachi ya Liliticha yakuhanjika na Liliticha yakusoneka.
- Mulongeshi alweze valongi vahunanane hachati nakutombolaho miyachi Liliticha yakusoneka.

Valongi:

- Valongi vahunannane hachati nakutombola miyachi ya Liliticha yakusoneka.

KWEULULA MULONGESHI

KUTOMBOLA LITILICHA YAKUSONEKA

- ✓ Mukanda wamujimbu (novels)
- ✓ Vyaulo (essays)
- ✓ Mujimbu wakwambulula chiyoyelo chamuthu (biography)
- ✓ Mikunyi (poetry)
- ✓ Mijimbu yayihi (short stories)
- ✓ Mujimbu wakufuma kuchinyingi chamuthu

SETEKO YAKUNANGAKANA: Kutombola miyachi ya Liliticha yakusoneka mwakwoloka.

VYAKULINGA 3: KUHANDUNUNA MIYACHI YA LITILICHA YAKUSONEKA

Mulongeshi:

- Alamike chati ili namiyachi ya Liliticha yakusoneka.
- Alweze valongi mangana vahandunune miyachi ya Liliticha yakusoneka.

Valongi:

- Vahunanane hachati ili namiyachi ya Liliticha yakusoneka.
- Vahandunune miyachi ya Liliticha yakusoneka.

KWEULULA MULONGESHI

MIYACHI YA LITILICHA YAKUSONEKA

- ✓ Mijimbu (Prose) - yakufwana nge mijimbu yamuchano neyi yakutaka
- ✓ Mikunyi (Poetry)- yakufana nge yakwalisa, yakweulula, yakulemesa...
- ✓ Vihemo (Drama)- vyakusehesa, vyakunangula, vyakweulula...

SETEKO YAKUNANGAKANA: Kuhandununa Miyachi ya Litolicha yakusoneka mwakwoloka.

VYAKULINGA4: KUTANJIKI TUTHACHIKIJILO TWA LITILICHA YAKUSONEKA

Mulongeshi:

- Ahule valongi vashimutwile nakutanjika tuthachikijilo twa Litolicha yakusoneka.

Valongi:

- Valongi vashimutwile nakutanjika tuthachikijilo twa Litolicha yakusoneka.

KWEULULA MULONGESHI

TUTHACHIKIJILO TWA LITILICHA YAKUSONEKA

- ✓ Kuzachichisa lilimi mangana lisolole muvwimbimbi wavyuma (vathu, tunyama...) vili mumujimbu. (Imagery)
- ✓ Yatondewa kupwa namitwe yavihande. (Theme)
- ✓ Kuzachisa vinjikizo vyakulihandununa mangana vimanyineko vyuma vikwavo. (Symbolism)
- ✓ Kuzachisa mazu mangana asolole kupihilila, kuwahilila, kuzumuka, kulishona chachuma (muthu, kanyama...) chili muze mumujimbu. (Tone)
- ✓ Jila yakusonekelamo mujimbu kweseka navathu unasokela. (Style)

SETEKO YAKUNANGAKANA: Kutanjika tuthachikijilo twa Litolicha yakusoneka mwakwoloka.

VYAKULINGA 5: KULUMBUNUNA LITILICHA YAKUSONEKA

Mulongeshi:

- Atetekele valongi mukushimutwila kulumbunuka cha Liliticha yakusoneka.

Valongi:

- Vashimutwile nakulumbununa Liliticha yakusoneka.

KWEULULA MULONGESHI

KULUMBUNUNA LITILICHA YAKUSONEKA

Liliticha yakusoneka himuyachi umwe wakutanjishilamo chinyingi chakwambulula mukusoneka.

Liliticha yakusoneka vinapu vihande vyakusoneka mumikanda eyi inahase kupwa yakutaka chipwe yamuchano.

Liliticha yakusoneka hijila imwe yakutanjishilmo chinyingi kuhichila muvyuma vanasoneka nakuvilamina mumikanda. Liliticha yakusoneka yatwama natuthachijikilo ava vali mwishi:

- ✓ Kuzachichisa lilimi mangana lisolole muvwimbimbi wavyuma (vathu, tunyama...) vali mumujimbu. (Imagery)
- ✓ Yatondewa kupwa namitwe yavihande. (Theme)
- ✓ Kuzachisa vinjikizo vyakulihandununa mangana vimanyineko vyuma vikwavo. (Symbolism)
- ✓ Kuzachisa mazu mangana asolole kupihilila, kuwahilila, kuzumuka, kulishona chachuma (muthu, kanyama...) chili muze mumujimbu. (Tone)
- ✓ Jila yakusonekelamo mujimbu kweseka navathu unasokela. (Style)

SETEKO YAKUNANGAKANA: Kulumbununa Liliticha yakusoneka mwakwoloka.

VINOMA:

- Chati
- Mikanda yakulihandununa
- Mapepa amijimbu
- Mivwimbimbi yakutenga

ESEKELO:

1. Tunga jilumbunwiso jikwavo ja Litalicha yakusoneka.
2. Soneka Miyachi ya Litalicha yakusoneka nakuyilumbununa.
3. Fwefwenya tuthachijilo tukwavo twa Litalicha yakusoneka.

KUKHUKULULA:

Muchilongeselo chino, valongi vanalumbununa, vanatombola, vanahandununa nakutanjika vyuma vyatwama mu Litalicha yakusoneka. Kumakumishilo, valongi vanambulula cheka tuthachikijilo twa Litalicha yakusoneka.

MUTWE WACHIHANDE: CHIHANDWA NAKULIFWANA CHA LITILICHA YAKUHANJIKI NAYEYI YAKUSONEKA.

KUJIMBULA: Muchilongeselo chino, namupwa kutanjika kulifwana chili mukachi ka Litilicha yakuhanjika na Litilicha yakusoneka. Chamuchivali, namupwa cheka kutanjika chihandwa chihandwa chili mukachi ka Litilicha yakuhanjika na Litilicha yakusoneka. Chamakumishilo, nakupwa kusambisa ulemu wa Litilicha yakuhanjika na Litilicha yakusoneka.

UHASHI WAKUNANGAKANA CHUMA:Valongi vatela kufwanyisa nakuhandununa Litilicha yakuhanjika na Litilicha yakusoneka.

VYAKULINGA 1: KUTANJIKA KULIFWANA CHA LITILICHA YAKUHANJIKI NA LITILICHA YAKUSONEKA

Mulongeshi:

- Anehe vinoma vyakuliseza seza vili nakusolola Litilicha yakuhanjika na Litilicha yakusoneka.
- Alweze valongi vawane kulifwana chili ha Litilicha yakuhanjika na Litilicha yakusoneka.

Valongi:

- Kuzachisa vinoma vyakuliseza seza, valongi vawane kulifwana chili ha Litilicha yakuhanjika na Litilicha yakusoneka.

KWEULULA MULONGESHI

KUTANJIKA KULIFWANA CHA LITILICHA YAKUHANJIKI NA LITILICHA YAKUSONEKA

- ✓ Litilicha josena jechi kuzachisanga kulweza mijimbu.
- ✓ Jechi kusangumwina vishinganyeka.
- ✓ Jechi kununga miyachi navisemwa.
- ✓ Jechi kulamanga visemwa vyavathu nakuvitwala kulutwe.
- ✓ Josena jechi kusololanga vivumo nakutungu vyuma vyachisemwa nevi vyaholili naku kwimba myaso.

SETEKO YAKUNANGAKANA: Kutanjika kulifwana cha Litolicha yakuhanjika na Litolicha yakusoneka mwakwoloka.

VYAKULINGA 2: KUTANJIKA CHIHANDWA CHA LITILICHA YAKUHANJIKI NA LITILICHA YAKUSONEKA

Mulongeshi:

- Anehe vinoma vyakuliseza seza vili nakusolola Litolicha yakuhanjika na Litolicha yakusoneka.
- Alweze valongi vawane chihandwa chili ha Litolicha yakuhanjika na Litolicha yakusoneka.

Valongi:

- Kuzachisa vinoma vyakuliseza seza, valongi vawane chihandwa chili ha Litolicha yakuhanjika na Litolicha yakusoneka

KWEULULA MULONGESHI

KUTANJIKA CHIHANDWA CHA LITILICHA YAKUHANJIKI NA LITILICHA YAKUSONEKA

- ✓ Litolicha yakuhanjika yapwa yakulamina mumutwe oloze yakusoneka yapwa mumikanda, hamapepa, mujishinga, namakina akwavo amanene amyaka yino.
- ✓ Litolicha yakuhanjika yapwa yakulilweza umwe namukwavo oloze yakusoneka yapwa yakutanga.
- ✓ Litolicha yakuhanjika yapwa yakuhilukilaho muvihanjika namyaso oloze Litolicha yakusoneka yelila.

- ✓ Liliticha yakuhanjika kuvanga kupwenga vathu vakwivwilila mumazavu oloze Liliticha yakusoneka yapwa yamuthu numba umwe.

SETEKO YAKUNANGAKANA: Kutanjika chihandwa cha Liliticha yakuhanjika na Liliticha yakusoneka nakutesamo.

VYAKULINGA 3: KUSAMBISA ULEMU WALITILICHA YAKUHANJIKA NA LITILICHA YAKUSONEKA

Mulongeshi:

- Alweze valongi valipule jiphami haulemu wa Liliticha yakuhanjika na Liliticha yakusoneka.
- Akafwe kulama vishimutwila mangana kusongo vashimutwile nakuzamikisaho navalongi.

Valongi:

- Valipule jiphami haulemu wa Liliticha yakuhanjika na Liliticha yakusoneka.
- Vashimutwile nakuzamikisaho haulemu wa Liliticha yakuhanjika na Liliticha yakusoneka na mulongeshi.

KWEULULA MULONGESHI

KUSAMBISA ULEMU WALITILICHA YAKUHANJIKA NA LITILICHA YAKUSONEKA

- ✓ Kulama chisemwa nakuchitwala muvisemwinwino kulutwe.
- ✓ Kukafwa muvitungilo vyavathu nakatwamino kavo.
- ✓ Yechi kunehesanga kushinganyeka mwakukunama.
- ✓ Yechi kukafwa mukuneha uhashi wakitambasana chinyingi.

SETEKO YAKUNANGAKANA: Kusambisa ulemu walitilicha yakuhanjika na liliticha yakusoneka nakutesamo.

VINOMA:

- Visaji
- Mikanda
- Visaji vyamivwimbimbi

- Mivwimbimbi

ESEKELO:

1. Soneka chihandwa chili ha Litalicha yakuhanjika na Litalicha yakusoneka.
2. Soneka kulifwana chili ha Litalicha yakuhanjika na Litalicha yakusoneka.
3. Soneka nakulumbununa ulemu uli ha Litalicha yakuhanjika na Litalicha yakusoneka.

KUKHUKULULA

Muchilongeselo chino, munapu kutanjika kulifwana chili mukachi ka Litalicha yakuhanjika na Litalicha yakusoneka. Chamuchivali, munapu cheka kutanjika chihandwa chihandwa chili mukachi ka Litalicha yakuhanjika na Litalicha yakusoneka. Chamakumishilo, munapu nw kusambisa ulemu wa Litalicha yakuhanjika na Litalicha yakusoneka.

CHIHANDE: MILIMO YALITILICHA

KWAULA:

Chilongeselo chino nachilumbununa milimo ya Litolicha yakuhanjika namilimo ya Litolicha yakusoneka mangana valongi vapwenga nachinyingi chakuzachisa ji Litolicha josena vawanyinemo chinyingi chakuzovolwesa chiyoyelo chavo.

UHASHI WAKUNANGAKANA VYUMA:

Valongi vatela kushinganyeka mwakukunama nakuzachila hamwe mangana vasolole milimo ya Litolicha.

KASANGUMWISO:

Wamonaho lyehi chipwe wevwaho lyehi muthu wamuchitungilo chipwe wamulifuchi napichila kuhichila mu Litolicha? Nge wavamonaho chipwe kuvevwa, vyuma muka veji kulinganga numba vapite?

MAZU AMAHYA:

- Ukalu wakusefuka muvitungilo
- Lijikakanwa
- Kwalumuka chajingonde
- Kusekasana
- Kuzachisa vitumbo mujila yakuhenga

**MUTWE CHIHANDE: LITILICHA YAKUHANJIKA
KUJIMBULA:**

Muchilongeselo chino, valongi navatanjika, navalumbununa nakusambisa milimo ya Litilicha yakuhanjika. Chamakumishilo, valongi navalumbununa milimo ya Litilicha yakuhanjika mukukumisa ukalu uli nakusefuka muvitungilo.

UHASHI WAKUNANGAKANA CHUMA: Valongi vatela kulumbununa milimo ya Litilicha yakuhanjika.

VYAKULINGA 1: KUTANJIKA MILIMO YA LITILICHA YAKUHANJIKA

Mulongeshi:

- Ahulise valongi valumbunune Litilicha yakuhanjika.
- Asokolole chisaji chamyaso mangana valongi vevwilile myaso.
- Asokolole chisaji mangana valongi vevwilile kuchihemo.
- Nge chisaji chauchi, alweze valongi vaheme chihemo chipwe vembenga mwaso mushikola.
- Ahulise valongi vyuma vanalinangula mumilimo vanalingi ili helu.
- Alweze valongi vashimutwile nakutanjika milimo ya Litilicha yakuhanjika.

Valongi:

- Valumbunune Litilicha yakuhanjika.
- Vevwilile kuchisaji chamyaso.
- Vevwilile kuchihemo chipwe vaheme chihemo mushikola.
- Vambulule vyuma vanalinangula mumilimo vanalingi ili helu.
- Vatanjike milimo ya Litilicha yakuhanjika kweseka navikilikita vanazate.

KWEULULA MULONGESHI

KUTANJIKA MILIMO YA LITILICHA YAKUHANJIKA

Litilicha yakuyanika inapu jila yachisemwa yakwambulwilamo mijimbu, mikunyi najijila jikwavo jakuhichila mukuhanjika kufuma muchisemunwino chimwe nakuya kuchisemunwino chikwavo. Milimo ya Litilicha yakuhanjika eyi:

- ✓ Kulama visemwa vyavathu

- ✓ Kunangula chisemwa
- ✓ Katachikijilo kavathu
- ✓ Kaputukilo kavilika vyachisemwa
- ✓ Kuneha uhashi wavathu hatoma
- ✓ Kulilweza vishinganyeka muli muthu namukwavo
- ✓ Kulivwisa viseke (kuwaha)

SETEKO YAKUNANGAKANA: Kutanjika milimo ya Litolicha yakuhanjika mwakwoloka.

VYAKULINGA 2: KULUMBUNUNA MILIMO YA LITILICHA YAKUHANJIKA

Mulongeshi:

- Alweze longi umwe ezenga kulutwe nakuhanjika chihande chalyepe mangana vakwavo vasehe.
- Alweze valongi valumbunune mulimo wa Litolicha nazate uze mukwavo longi hakuvasheha.
- Alweze valongi vezenga kulutwe nakuhema chihemo umwe alifwanyise nge khaka natwame kulijiko navazukulu jenyi kaha ali nakuvalweza vishimo.
- Alweze valongi valumbunune mulimo wa Litolicha yakuhanjika vanaheme valongi.
- Alweze valongi vashimutwile nakulumbununa milimo ya Liticha yakuhanjika ikwavo inasaleko.

Valongi:

- **Ahanjike chihande chalyepe mangana vakwavo vasehe.**
- **Valumbunune mulimo wa Litolicha nazate uze mukwavo longi hakuvasheha.**
- Vaheme chihemo umwe wavo alifwanyise nge khaka natwame kulijiko navazukulu jenyi kaha ali nakuvalweza vishimo.
- Valumbunune mulimo wa Litolicha yakuhanjika vanaheme vakwavo valongi.
- Valumbunune milimo ya Liticha yakuhanjika ikwavo inasaleko.

KWEULULA MULONGESHI

KULUMBUNUNA MILIMO YA LITILICHA YAKUHANJIKA

Litilicha yakuhanjika yeji kuzata milimo yakulihandununa eyi tunalumbununa kwishi:

Kulama visemwa vyavathu

Litilicha yakuhanjika yeji kulama chisemwa chavathu. Tunathachikiza chisemwa chetu, nge vana vavakachinyama mwomwo visemi jetu, vakhaka jetu navakulwane jetu veji kutunangulacho kufuma kuchisemunwino chimwe nakuya kuchisemunwino chikwavo.

Kunangula chisemwa

Chisemwa chavathu veji kuchinungulwila kuli vana vavandende kuhichila mukuvangula. Valuvale ngwavo mwafuma mukula mwashisa muyombo, yetu vali nakunangula hamene nawa tukanangule vakwetu omu mikula yetu nayikashiuka. Keshi nge vanyike kahako, navathu vali nalipwila lyakuthachikiza chisemwa chavo chipwe chisemwa chavakwavo vanahase navakhiko kulinangulacho.

Katachikijilo kavathu

Litilicha yakuhanjika yeji kukafwanga kuthachikijilaho vathu mwomwo yavyuma vatwama navyo vyakufwanan nge myaso, mawino, vilika, jingoma navyuma vikwavo.

Kaputukilo kavilika vyachisemwa

Vilika vimwe vyeji kuputukila navyuma vyakufwana nge mikunyi, kulaka, kusasa navikwavo. Nge vyuma khana vanavihanjika lyehi numbanyi chilika chiputuke.

Kuneha uhashi wavathu hatoma

Litilicha yakuhanjika yapwa jila yakusolweselamo uhashi nawana kalunga nahane vathu. Mawana khana anapu kwimba, kuhema vihemo, kusonga, kukina navyuma vikwavo.

Kulilweza vishinganyeka muli muthu namukwavo

Vishinganyeka vyamuthu, ushona, kuwahilila vanahase kuvimwena kuhichila multilicha yakuhanjika.

Kulivwisa viseke (kuwaha)

Litilicha yakuhanjika yeji kuneha viseke kuli vathu. Muthu nahase kutwama ukha wenyi likumbi lyangongo kwivwilila myaso.

SETEKO YAKUNANGAKANA: Kulumbununa milimo ya Litilicha yakuhanjika mukutamo.

VYAKULINGA 3: KUSAMBISA MILIMO YA LITILICHA YAKUHANJIKA

Mulongeshi:

- Alweze valongi vashimutwile nakutanjika milimo ya Litilicha yakuhanjika.
- Alenga milimo yakuzata valongi
 - ✓ unyakandanji
 - ✓ unyanga
 - ✓ likishi lyamwana phwevo
 - ✓ kuhema chihemo
 - ✓ kuhanjika vihande vyalyepe.
- Alweze longi hilongi azate mulimo wenyi vanamuhane.
- Alweze valongi vasambise milimo ya Litilicha yakuhanjika.

Valongi:

- Kutanjika milimo ya Litilicha yakuhanjika.
- Kuzata mulimo wenyi vanamuhane.
- Kusambisa milimo ya Litilicha yakuhanjika.

KWEULULA MULONGESHI

KUSAMBISA MILIMO YA LITILICHA YAKUHANJIKA

Litilicha yakuhanjika jechi kuneha viseke. Chuma muka nachisoloka kachi nge likishi mweza hashikola yenu? Ngunashinganyeka ngwami nou mwasala mushikola wauchi mwomwo muvosena kumwe namulongeshi wenu namuya nakutala likishi ali nakukina.

Kusolwesa vishinganyeka vyavathu. Muthu nge ali naushona mwemba nawa myaso yaushona, ali mukuwahilila nawa mumumwena kukuhanjika vyuma vyalyepe mwomwo nawahilila.

Kusolwesa mawana akuli Kalunga. Vathu vamwe veji kwimba kanawa nge tujila, vekha veji kesehesa vathu numba vali hachipeji mwomwo vali nakuhanjika mazu aseya, vekha nawa veji kuhema vihemo nge mwamuchano. Vakwavo nawa veji kuhanjika mikunyi, kusonga, kufunjika mivwimbimbi namawana akwavo.

Kaputu kavilika vyachisemwa. Muthu wakufwa uze navamba ngwavo nafu veji kusanyikanga chimbanda mangana valinge chikondo, uze chivimbi enyike valozi jenyi vanamujihhi. Chilika khana echi kuchilinga kuvanga, naye yauze mufu nasase (kusasa mazu) numba chize chivimbi chikatuke nakwinyika valozi. Chakuhona kusasa nachitwama kaha chakuhona kulinga vyuma vimwe.

Kathachikijilo kavathu. Nge muthu mwamona makishi, jisangu, chipwe mwali uze vanavwikila navathachikiza ngwavo vaze valuvale. Chisemwa hichisemwa chatwama navyuma vize vathu vanahase kuvathachikijilaho. Vakwetu va Luyi nawa vavathachikijila kuwato wavo vavuluka ngwavo *Nalikwanda*.

Kunangula chisemwa. Kutwala vana kumatungu namikanda cheji kukafwangako kuvanangula chisemwa chavaluvale. Myaso jeji kunangula myali natundanji. Vishimo vyatunya vyakufwana nge Vishimo vyambwanda vyeji kunangula vathu mwakutwamina navakwavo mujindanda.

SETEKO YAKUNANGAKANA: Kusambisa milimo ya Litalicha yakuhanjika mwakutamo.

VYAKULINGA4: KULUMBUNUNA MWAKUZACHISHILA LITALICHA
YAKUHANJIKI KUKUMISA UKALU ULI NAKUSEFUKA MUJINGALILA

Mulongeshi:

- Atwale valongi chipwe asanyike vathu vali nachinyingi chakukunama vakufwana nge vakachipatela, vakakutala hamisenge, vanjimi, vakakusekana navathu vakwavo mangana vanangule havyuma vili nakusefuka muvitungilo.
- Alweze valongi vashimutwile nakuvuluka ukalu uli nakusefuka mujingalila javo.
- Alweze valongi vevwilile kumyaso ili namijimbu yaukalu ili nakusefuka mujingalila.
- Hanyima yakusanyika vathu vali nachinyingi chakukunama nakwivwilila kumyaso mushikola, alweze valongi valumbunune jila yakukumishilamo ukalu uli nakusefuka mujingalila kuzachisa Liliticha yakuhanjika.

Valongi:

- Vashimutwile namuthu chipwe vathu vali nachinyingi chakukunama vakufwana nge vakachipatela, vakakutala hamisenge, vanjimi, vakakusekana navathu vakwavo ma vanangule havyuma vili nakusefuka muvitungilo.
- Vashimutwile nakuvuluka ukalu uli nakusefuka mujingalila javo.
- Vevwilile kumyaso ili namijimbu yaukalu ili nakusefuka mujingalila.
- Hanyima yakushimutwila navathu vali nachinyingi chakukunama nakwivwilila kumyaso mushikola, valumbunune jila yakukumishilamo ukalu uli nakusefuka mujingalila kuzachisa Liliticha yakuhanjika.

KWEULULA MULONGESHI

KULUMBUNUNA MWAKUZACHISHILA LITILICHA YAKUHANJIKA KUKUMISA UKALU ULI NAKUSEFUKA MUJINGALILA

Ndangwishi jakuhanjika vanahase kujizachisa kukanda muthu kwecha vyuma vyavipi (vyakufwana nge kuzachisa vitumbo mujila yakuhenga, kutema mitondo chitemena ...)

Vishimo vyakuanjika vanahase kuvizachisa kuvita mangana vatangise upi watwamaho hakuzachisa majika-kanwa, lizangamina nawiji, kuhutwa namaukalu akwavo.

Mikunyi vanahase kuyihanjika mangana veulule vathu vathachikize kupiyha chakutema misenge echi chili nakuneha kwalumuka chajingonde.

Chilandu chamukanwa nawa muthu nahase kuchizachisa mangana afungulule vathu valande hoka yenyi. Kuzachisa chilandu chamukanwa nachihasa kukoka vathu kulanda vyuma numba kavazanganga kuvilandako. Kunahu muthu mwayovoka kufuma kuuhutu.

Vihemo navikhiko tunahase kuvizachisa kunangula vathu kukumisa ukalu uli nakusefuka mujingalila. Ukalu khana wakufwana nge vikhokojola mukachi kamaphwevo namalunga, luyanjisa lyavanyike, kuzachisa vitumbo mujila yakuhenga.

SETEKO YAKUNANGAKANA: Kulumbununa mwakuzachishila Litolicha yakuhanjika kukumisa ukalu uli nakusefuka mujingalila mujila yakutamo.

VINOMA:

- Chisaji chamyaso
- Chisaji chamivwimbimbi
- Shinga
- Chisalo
- Jithete
- Chitwamo chalikumbu
- Mivwimbimbi yamajikanwa, chipwe yakuliveta chipwe yalwenyeka lwamitondo...

ESEKELO:

1. Soneka nakulumbununa milimo ya Litolicha yakuhanjika.
2. Tako nakulumbununa chishimulonga unahase kuzachisa kukanda muthu nalingisa mumajikakanwa.
3. Litolicha yakuhanjika jechi kuneha viseke. Unetavila tayinyi unakane?
4. Soneka nakulumbununa jijila jikwavo unahase kuzachishilamo Litolicha yakuhanjika mangana ukumise ukalu uli nakusefuka mungalila yenu.

KUKHUKULULA

Muchilongeselo chino, valongi vanatanjika, vanalumbununa nakusambisa milimo ya Litalicha yakuhanjika. Chamakumishilo, valongi vanalumbununa jijila jakuzachisa Litalicha yakuhanjika kukumisa ukalu uli nakusefuka muvitungilo vyavo.

MUTWE CHIHANDE 2. LITILICHA YAKUSONEKA

KUJIMBULA:

Muchilongeselo chino, valongi navatanjika, navalumbununa nakusambisa milimo ya Litolicha yakusoneka. Kumakumishilo, valongi navalumbununa milimo ya Litolicha yakusoneka kukumisa ukalu uli nakusefuka muvitungilo. Navazachisa Litolicha yakusoneka mangana vathu vahiluke kuchisemwa chavo.

UHASHI WAKUNANGAKANA CHUMA: Valongi vatela kulumbununa milimo ya Litolicha yakusoneka.

VYAKULINGA 1: KUTANJIKI MILIMO YA LITILICHA YAKUSONEKA

Mulongeshi:

- Ahulise valongi valumbunune Litolicha yakusoneka.
- Alweze valongi vafukunune mikanda ili navihande vyamijimbu mangana vatange.
- Ahule valongi vambulule mijimbu vanatange mumikanda vanavahane.
- Ahulise valongi vyuma vanalinangula mumikanda vanatange.
- Alweze valongi vashimutwile nakutanjika milimo ya Litolicha yakusoneka.

Valongi:

- **Valumbunune Litolicha yakusoneka.**
- **Vafukunune mikanda ili navihande vyamijimbu mangana vatange.**
- Vambulule mijimbu vanatange mumikanda vanavahane.
- Vambulule vyuma vanalinangula mumikanda vanatange.
- Vashimutwile nakutanjika milimo ya Litolicha yakusoneka.

KWEULULA MULONGESHI

KUTANJIKI MILIMO YA LITILICHA YAKUSONEKA

Litilicha yakusoneka vyuma vize vanasoneka halipepa chipwe mumikanda. Milimo yalitilicha yakusoneka inapu eyi:

- ✓ Kulipangila chinyingi
- ✓ Kulela vana mujila yambwende
- ✓ Kutambasana chinyingi
- ✓ Kulivwisa viseke chipwe kuwaha
- ✓ Kuwana uthongwe chipwe uthotombwe nauhashi wakuwaha chachuma
- ✓ Kuwana chinyingi chachihya

SETEKO YAKUNANGAKANA: Kutanjika milimo yalitilicha yakusoneka nakutesamo.

VYAKULINGA 2: KULUMBUNUNA MILIMO YALITILICHA YAKUSONEKA

Mulongeshi:

- Alamike chati ili namivwimbimbi ili nakusolola vikilikita vyalyepe.
- Alweze valongi valumbunune mulimo wa Litilicha uli haze hachati.
- Alweze valongi vatange chihemo chili mumukanda.
- Alweze valongi valumbunune vyuma vanalinangula muchihemo vanatange.
- Alweze valongi vashimutwile nakulumbununa milimo ya Liticha yakusoneka ikwavo inasaleko.

Valongi:

- Vatale hachati ili namivwimbimbi ili nakusolola vikilikita vyalyepe.
- Valumbunune mulimo wa Litilicha uli haze hachati.
- Vatange chihemo chili mumukanda.
- Valumbunune vyuma vanalinangula muchihemo vanatange.

- Vashimutwile nakulumbununa milimo ya Liticha yakusoneka ikwavo inasaleko.

KWEULULA MULONGESHI

KULUMBUNUNA MILIMO YA LITILICHA YAKUSONEKA

Kutambasana chinyingi

Vathu veji kulitambasana chinyingi chavyuma vahona kuthachikiza hano hakaye kuhichila mukutanga mikanda yakulihandununa yakufwana nge; mapepa amijimbu.

Kulela vanyike vavandende mujila yambwende

Vishimo vyatunyama vize vili mumikanda vyeji kukafwanga vana vavandende vathachikize kuwaha nakupihya. Hakulinga ngocho navasakula kulinga mwamwaza mangana vatwame navakwavo vathu kanawa muchitungilo.

Kulivwasana vishinganyeka

Litilicha yakusoneka yeji kuhashisa mukakusoneka nauze mwatanga vili mumukanda valivwasane muvishinganyeka. Mukakusoneka eji kuhana vishinganyika vyenyi hakuyoya chahano hamavu. Mukakutanga namukakusoneka veji kulivwasana havihande vimwe nakulimbalaka nawa havihande vikwavo.

Kulivwisa viseke chipwe kuwaha

Vathu vavavulu veji kulivwisa viseke hakutanga mikanda chipwe mijimbu. Mikanda yinahase kutwala muthu muvishinganyeka kuvihela kuze kanda ayengangako lyehi.

Kuwana utongwe nauhashi wachuma

Litilicha yakusoneka yeji kuhashisa vathu vawane mawana avo vavahana kuli Kalunga. Utongwe tunahase kuumwena kukufunda miwimbimbi, kusoneka navyuma vikwavo.

Kuwana chinyingi chachihya

Hamakumbi mwayoyela muthu hano hamavu, echi kuwana vyuma vyakumupinjisa mukuyoya chenyi. Kukanyisa ukalu khana, muthu atela kutanga mikanda yakulihandununa chipwe mijimbu mangana awanemo chinyingi chachihya chimukafweko muchiyoyelo chenyi.

SETEKO YAKUNANGAKANA: Kulumbununa milimo yalitilicha yakusoneka nakutesamo.

VYAKULINGA 3: KUSAMBISA MILIMO YA LITILICHA YAKUSONEKA

Mulongeshi:

- Alweze valongi vashimutwile nakutanjika milimo ya Litolicha yakusoneka.
- Alenga milimo navazata valongi.
 - ✓ kuhema chihemo vanasoneka mumukanda
 - ✓ kutanga vihande vyalyepe.
- Alweze valongi vazate milimo yavo vanavahane.
- Alweze valongi vasambise milimo ya Litolicha yakusoneka.

Valongi:

- Kutanjika milimo ya Litolicha yakusoneka.
- Kuzata milimo yavo vanavahane.
- Kusambisa milimo ya Litolicha yakusoneka.

KWEULULA MULONGESHI

KUSAMBISA MILIMO YA LITILICHA YAKUSONEKA

Kuhema kanawa vihemo

Litilicha yakusoneka yeji kukafwanga vathu vali mumivwimbimbi kuzata kanawa mulimo yavo vanavahane mwomwo mazu navahanjika vanawasoneka lyehi halipepa kaveshi kuwavulyamako.

Kuneha kuwaha nautongwe

Uthongwe tunahase kuumwena kukufunda mivwimbimbi, kusoneka navyuma vikwavo. Vathu vamwe vanavahane wana wakufunjika muvwimbimbi wamuthu halipepa kaha vali nakuwanyinaho chiyoyelo.

Kuwana chinyingi chachihya

Chinyingi chachihya tunahase kuchiwana mumikanda. Valongi kuthachikiza vyuma vyavivulu kuvanga vatange mumikanda. Muthu nahase kuthachikiza chisemwa navilinga vyavathu vakwavo numba tuhu kanda lyehi ayenganga kuchihela khana.

Kulela vanyike vavandende mujila yambwende

Kuzachisa vishimo vyatunyama vyeji kulweza vanyike kupwa vakuvanguluka nakulemesa vakwavo vathu.

Kulweza vishinganyeka

Kutanga mikanda yamijimbu yeji kununga mukakusoneka namukakutanga valivwasane muvishinganyeka. Hakutanga mikanda, mukakutanga nahase kwolola haze namono nge hanahenge chipwe kuhana vishinganyeka vyenyi hauze mujimbu natange.

Kulivwisa viseke chipwe kuwaha

Mikanda yamujimbu imwe inahase kulingisa muthu atwame nazala mwomwo yakuyema chauze mujimbu. Chipwe kutala mivwimbimbi chinahase kuwahisa muthu kumuchima.

SETEKO YAKUNANGAKANA: Kusambisa milimo ya Litolicha yakusoneka

VYAKULINGA4: KULUMBUNUNA MWAKUZACHISHILA LITILICHA
YAKUSONEKA KUKUMISA UKALU ULI NAKUSEFUKA MUJINGALILA

Mulongeshi:

- Avahane valongi mikanda yakulihandununa ili navihande vili nakutala ukalu uli nakusefuka muvitungilo, vyakufwana nge kutema misenge, uhutu, kupihisa jingalila namaukalu akwavo.
- Alweze valongi vashimutwile nakuvuluka ukalu uli nakusefuka mujingalila javo kweseka nachinyingi vanawane mumikanda.
- Hanyima yakutanga chinyingi vanawane, mulongeshi alweze valongi valumbunune jila yakukumishilamo ukalu uli nakusefuka mujingalila kuzachisa Litolicha yakusoneka.

Valongi:

- Vatange mikanda yakulihandununa ili navihande vili nakutala ukalu uli nakusefuka muvitungilo vyakufwana nge kutema misenge, uhutu, kupihisa meya napeho namaukalu akwavo.
- Vashimutwile nakuvuluka ukalu uli nakusefuka mujingalila javo kweseka nachinyingi vanawane mumikanda.
- Hanyima yakutanga chinyingi vanawane, valumbunune jijila jakukumishilamo ukalu uli nakusefuka mujingalila kuzachisa Litolicha yakusoneka.

KWEULULA MULONGESHI

KULUMBUNUNA MWAKUZACHISHILA LITILICHA YAKUSONEKA KUKUMISA
UKALU ULI NAKUSEFUKA MUJINGALILA

Vishimolonga vyakusoneka tunahase kuvizachisa kunangula mangana

vathu valihende kuvilinga vyavipi.

Chitalilo chachishimolonga: Wazangile Makonde kachi muwazeza mungundu?

Chishimolonga chili helu chili nakupayisa vathu vaze kavazangile kulama vyuma vyavo kanawako oloze omu vinalyenyeka lyehi hinavayayavala. Kwocha nakutema misenge mujila yalwenyeka chapwa chachipi mwomwo chili nakuneha kwalumuka chajingonde.

Mijimbu yamumikanda nawa vanahase kuvizachisa kuvita mangana vatangise upi watwamaho hakuzachisa majikakanwa.

Mikunyi yakusoneka vanahase kuyizachisa mangana veulule vathu vathachikize kupihya chakutema misenge echi chili nakuneha kwalumuka chajingonde. Mumukunyi tunahase kulingisa mutondo uhanjike nge muthu. Mutondo mwayeyavala kuli muthu mangana echenga kutema vana venyi. Chitalilo:

Mama! Mama!

Ove muthu! Ove muthu!

Ngunakuvulumuna ika ami

Limbo lyami-eee!

Linalumuka fuka yavana vami

Vilandu vili hamapepa amanene nawa muthu nahase kuvizachisa mangana afungulule vathu valande vyuma venyi. Echi chihase kukehesako uhutu kuvathu mwomwo navapwa namali kufuma kujihoka javo akuyoyesa jithanga javo.

Mapepa amijimbu tunahase kuwazachisa kutangisa nakuhuhumuna majika-kanwa. Omu vathu navamona vakakwiva mali afulumende vali nakuvatwala kujinjele, navevwa woma nakwecha vilinga vyavipi.

SETEKO YAKUNANGAKANA: Kulumbununa mwakuzachishila Litolicha yakusoneka kukumisa ukalu uli nakusefuka mujingalila mwakutamo.

VYAKULINGA 5: KULUMBUNUNA JIJILA JAKUZACHISHILAMO LITILICHA YAKUSONEKA MANGANA VATHU VAFUMBIWE NAKUHILUKA KUCHISEMWA CHAVO

Mulongeshi:

- Atanjike vikilita vyakuzata mangana vashimutwile kwalumuka chiliko makumbi ano:
 - ✓ Mukulya chamakumbi ano nakulya chakumyaka
 - ✓ Mukulima chakumbi nakulima chakumyaka
 - ✓ Mumashikola amakumbi ano namashikola akumyaka

Valongi:

- Vashimutwile mangana vawane kwalumuka chiliko makumbi ano.

KWEULULA MULONGESHI

KULUMBUNUNA JIJILA JAKUZACHISHILAMO LITILICHA YAKUSONEKA MANGANA VATHU VAFUMBIWE NAKUHILUKA KUCHISEMWA CHAVO

Kusoneka mikanda havyakulya vyachisemwa vize tunajimbalisa.

Muchisemwa chetu, vathu vapwilenga nakulya vyakulya vyakuwahisa mujimba vize Kalunga avahanyinenga hajingonde jakulihandununa. Lwola luno vathu vanafumu lyehi kuvyakulya vyachisemwa hivanazange lyehi vize vyakulanda kaha muvitanda. Nge muthu mwakumona uli nakulya kalitunga kove, nyi phamo unasungu shivi jove, navakumona nge unasalila

uwakuhutwa chikuma. Oloze kachechi ngochoko. Vyakulya khana vize, vyachisemwa, vyatwama nanganyo yakuwahisa mujimba chiyovo. Tuyenu tutonde vyakulya vyetu vyosena vize twalilenga mangana tuvilweze vana vetu natukwatambuli vakavimone nakuvilya navakhiko.

Kusoneka mikanda yamijimbu hachiyoyelo vayoyelenga vakhakuluka jetu hamyaka.

Kumyaka vathu muchitungilo yayoyelenga nge vathu valijimo limwe. Kachi nge khaka Kapolongo mwawana vanyike vali nakulinga vyuma vyavipi, ikhiye hakupwa mukulwane ali nalisesa lyakuhuhumuna uze kanyike mwomwo muzukulyenyi numba tuhu keshi kausoko kenyiko. Oloze makumbi ano, yoveya mutenukila mwanamukwenu kunahu kaha unavikoko lyehi.

Kutanga mikanda yayivulu vanasoneka kuli vakwetu vathu velava mangana kuhakileko chinyingi chetu chachisemwa chetu. Vakhaka jetu va Patrick Wele, W.R Mwendela, Coster.C Fumbelo, Marvis.C Samukwamba navakwavo vanasoneka chinyingi chachilemu echi chili mumikanda. Twayenu tuchitange mangana tuhilwise chisemwa chetu echi chili nakunawa.

Kuhunanana ha Liliticha yakufuma kumafuchi ekha. Mikanda imwe ya Liliticha yakufuma kumafuchi ekha, vathu vamwe vanasoneka vyuma vyavipi vyakupihisa chisemwa chavathu vakwavo. Keshi nge vyuma vyosena vyachisemwa chetu vyapwa vyavipiko. Tuhunananeho kanawa kuhichila mukutanga mikanda mangana tusangule chisemwa chetu.

Kusoneka mikanda havitumbo vyachisemwa

Vipatela kumyaka kavyapwilengako. Muthu wilava apwilenga navitumbo vyakuzachisa kuka misongo yakulihandununa. Mafwo etu namiji vyapwilenga nakufwa kuka misongo chiyovo. Tuzachisenu vitumbo vyetu vyakufuma kumitondo atuhana Kalunga.

Kuzachisa chikuma lilimi lyetu lyachisemwa mukusoneka

Vathu veji kuhanjikanga lilimi lyavo, veji kuvamona nge vanasalila kavaya kushikolako. Oloze muthu nge mwahanjika lilimi lyekha, navamumona nge hichindele wakufuma mumangalande chipwe nge lihando. Mwomwo ika natwivwila sonyi yakuhanjika nakusoneka lilimi lyetu lyamwaza ngana atuhana Kalunga?

Kulama vijila vyetu vyachisemwa mumikanda nakuvitanga

Vijila vyachisemwa vyapwa jila imwe yakulaminamo chisemwa chavathu. Valuvale vatwama navilika vyavivulu veji kuhananga kalemesa mukuyoya chavo. Kumyaka chapwilenga chijila mukatata kusapulwisa mukamama chipwe mukamama kuteta mihya yachijiji. Lwola luno vyuma vinalumuka. Tulamenu vijila vyetu mwomwo chikhiko chisemwa chetu vatela vathu vekha kututhachikijilaho.

Kusoneka vilika vyetu vyosena mumikanda

Kusoneka vilika vyachisemwa mumikanda inapu jila imwe yakulaminamo chisemwa chavathu. Valuvale vatwama navilika vyavivulu. Kupwa napwipwi yakuthachikiza vilika nomu mwakuvilingila nachipwa chuma chamwaza. Tusonekenu vilika vyetu mangana tulemese chisemwa chetu.

Kuhema vihemo vyavivulu hachiyoyelo nachisemwa chavathu.

Tunangulenu vathu kuhichila muvihemo vyahamivwimbimbi haulemu uli hachiyoyelo nachisemwa chavathu. Vaze vakwetu vali mujimbaka nakumafuchi ekha vatela kuthachikiza chisemwa chetu kuchina vana kujimbalila muvisemwa vyekha.

SETEKO YAKUNANGAKANA: Kulumbununa jijila jakuzachishilamo Litalicha yakusoneka mangana vathu vafumbiwe nakuhiluka kuchisemwa chavo mujila yakwoloka.

VINOMA:

- Vyakulya vyachisemwa
- Vimbuto vyakulihandununa
- Vitumbo vyachisemwa
- Mivwmbimbi yaukalu uli nakusefuka mujingalila
- Mikanda yakulihandununa

ESEKELO

1. Soneka nakulumbununa milimo ya Litalicha yakusoneka.
2. Soneka nakulumbununa ulemu uli mu Litalicha yakuhanjika na Litalicha yakusoneka.
3. Vyakulya vyamakumbi ano vili nakuneha misongo kuhambakana vaykulya vyachisemwa. Unetavila tahinyi unakane?

KUKHUKULULA

Muchilongeselo chino, valongi vanatanjika, vanalumbununa nakusambisa milimo ya Litalicha yakusoneka. Kuhakilaho, valongi vanalumbununa milimo ya Litalicha yakusoneka kukumisa ukalu uli nakusefuka muvitungilo. Chamakumushilo, vanazachisa Litalicha yakusoneka mangana vathu vafumbiwe nakuhiluka kuchisemwa chavo.

CHIHANDE: LITILICHA YAKUHANJIKA

KWAULA:

Muchilongeselo chino, namupwa kushimutwila hachikhuku chamilimo ya Litolicha muchisemwa. Nakupwa nawa kulinangula miyachi ya Litolicha yakuhanjika.

UHASHI WAKUNANGAKANA VYUMA: Valongi vatela kushimutwila nakulivwasana hamilimo ya Litolicha muchisemwa.

KASANGUMWISO:

Kukungulula vyuma vyamilimo ya Litolicha vyakulihandununa nakuhula valongi vashimutwile omu veji kuvizachishilanga muchisemwa.

MAZU AMAHYA:

- **Kusondwesa (Survey)**
- **Kufwanyisa (**
- **Vakulu (Ancestors)**
- **Vajimu- (Ancestral spirits)**
- **Kuhilula**
- **Chikhuku (Background)**

MUTWE WACHIHANDE: Chikhuku chamilimo ya Liticha muchisemwa.

Kujimbula:

Chilongeselo chino nachipanjika milimo ya Litolicha yakufwana nge myaso, vishimo, mijimbu navikwavo kuchiyoyelo chavathu. Chikwavo nawa, chilongeselo chino nachisondwesa vikilikita vyachisemwa vyeji kusololanga vinjikizo vya Litolicha. Namupwa nawa kulumbununa mujila muka vyuma vyakutengatenga vyeji kukafwanga milimo ya Litolicha. Kechi ngocho kahako, oloze namupwa kufwanyisa milimo ya Litolicha yakufwana nge myaso, vishimo hamwe namijimbu omu yalifwanyina nachinyingi chakushikulu muviyulo, mulufwelelo, jishipilitu namangana amyaka ino.

UHASHI WAKUNANGAKANA CHUMA: Kushimutwila milimo ya Litolicha muchisemwa.

VYAKULINGA 1: KUPANJIKA MILIMO YA LITILICHA NACHIOYELO CHAVATHU

Mulongeshi:

- Anehe chati yamivwimbimbi ili nakusolola vyuma vili namilimo ya Litolicha yachisemwa.
- Alweze valongi vashimutwile nakuhana vishinganganyeka vyavo hamuvwimbimbi vanatale.
- Ahulise valongi valumbunune chinyingi vanalingula kufuma hamuvwimbimbi vanatale nakupanjika kuchiyoyelo.

Valongi:

- Vatale hachati yamivwimbimbi ili nakusolola vyuma vili namilimo ya Litolicha yachisemwa.
- Vashimutwile nakuhana vishinganganyeka vyavo hamuvwimbimbi vanatale.
- Valumbunune chinyingi vanalinangula kufuma hamuvwimbimbi vanatale nakupanjikisa kuchiyoyelo chavo.

KWEULULA MULONGESHI:

KUPANJIKA MILIMO YA LITILICHA NACHIOYELO CHAVATHU

Milimo ya Litolicha muchisemwa yapwa yayilemu muchiyoyelo chavathu. Yeji:

- ✓ Kuhilula vishinyanyenga vipwenga vyavihya.
- ✓ Kutungululanga muthu.
- ✓ Kwolola nawa vilinga vyavathu kweseka nachisemwa.
- ✓ Yeji kukafwa kwalumuna muthu.

SETEKO YAKUNANGAKANA: Kupanjika milimo ya Litolicha nachiyoyelo chavathu mukutamo.

VYAKULINGA 2: KUSONDWESA VIKILIKITA VYACHISEMWA VYEJI KUSOLOLANGA VINJIKIZO VYA LITILICHA

Mulongeshi:

- Ahulise valongi vyuma vyachisemwa vatwama navyo vyeji kusololanga litilicha.
- Ahulise valongi vavuluke vyuma vinahase kutukafwako kusolola milimo ya Litolicha.
- Alweze valongi vashimutwile vyuma navikafwako kujimbula mulimo wa Litolicha.

Valongi:

- Vavuluke vyuma vyachisemwa vatwama navyo vyeji kusololanga litilicha.
- Valongi vavuluke vyuma vinahase kutukafwako kusolola milimo ya Litolicha
- Valongi vashimutwile vyuma navikafwako kujimbula mulimo wa Litolicha.

KWEULULA MULONGESHI

KUSONDWESA VIKILIKITA VYACHISEMWA VYEJI KUSOLOLANGA VINJIKIZO VYA LITILICHA

Milimo yeji kujimbulanga milimo yachisemwa mu Litolicha shina eyi;

- ✓ Vikilikita vya kumyaka vyakufwana nge jijita, kwalumuka chavyuma vimwe navyuma vikwavo.
- ✓ Mijimbu yakushikulu.

- ✓ Chisemwa.
- ✓ Mijimbu yamazua a Kalunga.
- ✓ Jishimbi jachisemwa.

SETEKO YAKUNANGAKANA: Kusondwesa vikilikita vyachisemwa vyeji kusololanga vinjikizo vya Litolicha mukutamo.

KWANUKISA MULONGESHI: Shimbu kanda mulimo wamuchitatu, mulongeshi alweze valongi vayenga nakutonda vyuma vyakufwanyisa nge evi:

- Misalo
- Milondo
- Mata amanana
- Makunga
- Ndeho yauma
- Visalo
- Vihele navyuma vikwavo

VYAKULINGA 3: KULUMBUNUNA MUJILA VYUMA VYAKUTENGA VYEJI KUKAFWILANGAMO LITILICHA

Mulongeshi:

- Alweze valongi vanehe vyuma vyakutenga vavashikanga.
- Alweze valongi vashimutwile mujijila vyuma vyakutenga vyeji kukafwilangamo Litolicha.

Valongi:

- Valongi vanehe vyuma vyakutenga vavashikanga.
- Valongi vashimutwile nakulumbununa mujijila vyuma vyakutenga vyeji kukafwilangamo Litolicha.

KWEULULA MULONGESHI

KULUMBUNUNA MUJILA VYUMA VYAKUTENGA NAVIKAFWILAMO LITILICHA

- ✓ Kulama chisemwa
- ✓ Kulingisa vathu valinge vyuma mwamuhya
- ✓ Jila yakulweza vathu vyuma vyachisemwa
- ✓ Kukunamisa vishinganyeka vyachisemwa chavathu.

SETEKO YAKUNANGAKANA: Kulumbununa mujila vyuma vyakutenga vyeji kukafwilangamo Litolicha mwakwoloka.

VYAKULINGA4: KUPANJIKI MILIMO YA LITILICHA KUCHINYINGI CHAKUSHIKULU NAMANGANA AMYAKA INO

Mulongeshi:

- Ahulise valongi valumbunune chinyingi chakushikulu.

- Ahulise valongi valumbunune chinyingi chamyaka ino.
- Ahulise valongi vapanjike vyuma vyakutenga namavoko vyakushikulu namangana amyaka ino.

Valongi:

- Valumbunune chinyingi chakushikulu.
- Valumbunune chinyingi chamyaka ino.
- Vapanjike vyuma vyakutenga namavoko vyakushikulu namangana amyaka ino.

KWEULULA MULONGESHI

KUPANJIKA MILIMO YA LITILICHA KUCHINYINGI CHAKUSHIKULU NAMANGANA AMYAKA INO

- ✓ Vyatwama nakushinganyeka chakujiminyina.
- ✓ Vyeji kununga vathu kuvajimu navakulu javo.
- ✓ Kathachikilo kavathu nachitungilo chavo.
- ✓ Kweuluka muchinyingi.
- ✓ Kulitambasana nakulifungulula muvisemwa.

SETEKO YAKUNANGAKANA: Kupanjika milimo ya Litolicha kuchinyingi chakushikulu namangana amyaka ino mukutamo.

VINOMA:

- Chati
- Misalo
- Milondo
- Mata amanana
- Makunga
- Ndeho yauma
- Visalo
- Vihele navyuma vikwavo

ESEKELO:

1. Kupanjika milimo ya Litolicha nachiyoyelo chavathu.
2. Mujila muka vikilikita vyachisemwa vyeji kusololangamo vinjikizo vya Litolicha.
3. Lumbununa mujila vyuma vyakutenga vyeji kukafwilangamo Litolicha
4. Vyuma vyakutenga mu Litolicha vyalipandama nachinyingi chakushikulu. Unetava tahinyi unakane?

KUKUHUKULULA:

Chilongeselo chino, valongi vanapanjika milimo yamu Litolicha yakufwana nge myaso, vishimo, mijimbu navikwavo kuchiyoyelo chavathu. Chikwavo nawa, vanasondwesa vikilikita vyachisemwa vyeji kusololanga vinjikizo vya Litolicha. Kuhakilaho, valongi vanafwanyisa kulipandama chachinyingi chakushikulu namangana amyaka ino.

MUTWE WACHIHANDE: MIYACHI YA LITILICHA YAKUHANJIKA

KUJIMBULA: Muchilongeselo chino, valongi navatombola miyachi ya Litolicha yakuhanjika. Cheka nawa, navalumbununa miyachi ya Litolicha yakuhanjika. Chamakumishilo, valongi navahana vinjikizo vyamiyachi ya Litolicha yakuhanjika.

UHASHI WAKUNANGAKANA CHUMA: Kulumbununa miyachi ya Litolicha yakuhanjika.

VYAKULINGA 1: KUTOMBOLA MIYACHI YA LITILICHA YAKUHANJIKA

Mulongeshi:

- Alweze valongi vashimutwile vyuma veji kuzachisanga vathu mu Litolicha yakuhanjika nge vatonda kulinga vyuma evi:
 - ✓ kuhuhumuna muthu naluwisa
 - ✓ kulweza muthu
 - ✓ kusangejeka muthu
 - ✓ kwivwisa muthu kuwaha kumuchima
- Alweze valongi vatombole miyachi ya Litolicha yakuhanjika.

Valongi:

- Vavuluke vyuma veji kuzachisanga vathu mu Litolicha yakuhanjika nge vatonda kulinga vyuma vanahanjika helu.
- Vatombole miyachi Litolicha yakuhanjika.

KWEULULA MULONGESHI:

MIYACHI LITILICHA YAKUHANJIKA

- Tushimutwiji
- Mijimbu
- Myaso
- Mikunyi
- Vishimo
- Mijimbu vafwelela vathu (myths)

SETEKO YAKUNANGAKANA: Kutombola miyachi ya Litolicha mwakwoloka.

MILIMO 2: KULUMBUNUNA MIYACHI YA LITILICHA YAKUHANJIKA

Mulongeshi:

- Ahulise valongi vavuluke miyachi ya Litolicha yakuhanjika.
- Alweze valongi vazate vikilikita evi:
 - ✓ Kwimba mwaso
 - ✓ Kuta kashimutwiji
 - ✓ Kulweza mujimbu wakutaka
 - ✓ Kuta chishimolonga
 - ✓ Kuhanjika mukunyi
- Alweze valongi vashimutwile nakulumbununa miyachi himuyachi wa Litolicha yakuhanjika kweseka navikilikita vanazate helu.

Valongi:

- Vavuluke miyachi ya Litolicha yakuhanjika.
- Vazate mulimo vanavahane.
- Vashimutwile nakulumbununa miyachi ya Litolicha yakuhanjika.

KWEULULA MULONGESHI

KULUMBUNUNA MIYACHI YA LITILICHA YAKUHANJIKA

Lwola lwosena kuputuka kuunyike swii nakukufwa tweji kulyeulula nakulinangula kuhichila mumiya chi ya Litolicha yakuhanjika. Miyachi khana ikhiko eyi vanalumbununa mwishi:

Tushimutwiji

Tushimutwiji hivihula vili namangana akusweka. Muthu jino nge vanamuhulisa, atela kushinganyeka chikuma mangana afwanyise nachuma chikwavo.

Chitalilo: Zuvo yamujingulwile = Liulu

Mijimbu vafwelela vathu

Eyi yapwa mijimbu yakuhona kuthachikiza okwo yafuma. Tweji kuyizachisanga mangana tuhase kusolola lufwelelo lwetu muli tulunga twafwelela muchisemwa chetu.

Chitalilo: Mijimbu yatengeso yalilu namavu mumukanda wa Kalunga

Mijimbu yavyuma vyakutaka chipwe vyamuchano

Mijimbu yakutaka yapwa yakutunga kuli muthu oloze yamuchano yeji kwambulula vyuma vya solokele kuli muthu.

Mikunyi

Mikunyi yapwa hanjikiso yakusoneka nge mwaso chipwe tuhu ngwetu jivesi.

Myaso

Myaso yapwa mazu aze tweji kwimbanga mukanwa. Myaso nawa wapwa nge mukunyi nahawo oloze chihandwa chiliho, mikunyi kakavulu veji kuyihanjika oloze myaso veji kuyimbanga.

SETEKO YAKUNANGAKANA: Kulumbununa miyachi ya Liliticha yakuhanjika mukutamo.

VYAKULINGA 3: KUHANA VITALILO VYAMIYACHI YA LITILICHA YAKUHANJIKA

Mulongeshi:

- Ahulise valongi vavuluke miyachi ya Liliticha yakuhanjika.
- Alweze valongi vashimutwile mangana vahane vitalilo vyamiyachi ya Liliticha yakuhanjika:
 - ✓ Myaso
 - ✓ Tushimutwiji
 - ✓ Mijimbu vafwelela vathu
 - ✓ Mikunyi
 - ✓ Mijimbu yakutaka namijimbu yamuchano

Valongi:

- Valongi vavuluke miyachi ya Liliticha yakuhanjika.
- Valongi vashimutwile mangana vahane vitalilo vyamiyachi ya Liliticha yakuhanjika:

KWEULULA MULONGESHI

KUHANA VITALILO VYAMIYACHI YA LITILICHA YAKUHANJIKA

Myaso- Holili mama yeleye-ee

Natukaliwana ku Mize-yeee

Mama yeleye-ee

Tushimutwiji- Chiliva chakwishi yameya- Kapeza

Mijimbu vakutaka

Kwapwile muthu apwile mungalila imwe. Kapwilenga nakushikamanga navakwavoko. Kuyoya chenyi chapwile chaukha, oloze likumbi wamuwanyine ukalu, vakwavo nou amukafwile wauchi.

Mikunyi

Kawatwama namahinji chipwe mavokoko

Oloze watambukila hajimo

Kavakuhemesako

Watwama naulembe! ulembe! Ulembe!

Ika wechi kutuyanjihilanga ove lyuma!

Mijimbu yamuchano

Mumbongi ya Zambezi, mwatwama chipatela chachinene vavuluka ngwavo Chitokoloki Mission. Chipatela khana vachisokwelele mumwaka wa 1914, kuli mwatha George Sackling. chatwama navindele vechi kukukanga misongo tahinyi kutukanyisa.

Mujimbu vafwelela vathu

Nge unayi mumusenge muliwana na Kalulu, kuvanga namuliveta. Nge mwakuveta, yove kunahu unayi. Oloze nge mumuveta, kaha mwakuhula ovyo unazange.

SETEKO YAKUNANGAKANA: Kuhana vitalilo vyamiyachi ya Litalicha yakuhanjika mukwoloka.

VINOMA:

- Mikanda
- Chati
- Jikati
- Chisaji chamyaso

ESEKELO:

1. Tombola nakulumbununa miyachi ya Litalicha yakuhanjika.
2. Hana vitalilo vyamiyachi ya Litalicha yakuhanjika unatombola muchihula chatete.

KUKHUKULULA:

Muchilongeselo chino, valongi vanatombola miyachi ya Litalicha yakuhanjika. Cheka nawa, vanalumbununa miyachi ya Litalicha yakuhanjika. Chamakumishilo, valongi vanahana vinjikizo vyamiyachi ya Litalicha yakuhanjika.

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